

PARKING

Please consider the use of public transport and car sharing as parking is at a premium at this venue.

Parking is available on a first come first served basis at the following locations:

- Nairn Links car park, Cumming Street, IV12 4NQ
- Town centre car parking (Off the A96, Opposite Nairn Community Centre)

Please note we have no preferential treatment and share this parking with other users. Also do not park on Marine Road or clog up residential areas close by.



DECLARATIONS

An online declaration process will be provided for this event via the online OpenTrack system. Team Managers and Club Contacts will receive an emailed invite to become a 'Team Manager' on OpenTrack the week before the event. Those already registered on the site will simply have to log in. If any Team Managers are not already registered, they will need to do so when accepting the invitation. Additional Team Managers can be added by emailing events@scottishathletics.org.uk with Name and Email address of the additional Team Manager.

An online guide to the declarations process is available here -
<https://docs.opentrack.run/cms/entry/relaydeclarations/>

Support for online team declarations will be provided on the day.

On the day team declarations/team pack collection will open at 1015hrs and close at 1130hrs.

WARM UP / COOL DOWN

The venue is a lapped course so we are keen for athletes to be considerate for warm up if races are going on. There is a really good warm up area on the path along the front that goes from the Nairn Golf Club to the Harbour. We have set aside a warm up area in the main oval of the Links for final warm up, drills etc on grass.

WELFARE

Public toilets are available on site and Event First Aid Service (Scotland) will be providing first aid cover.

Strathnairn Beach Café (located by the paddling pool / splash pad on Nairn Links) will be open to the public.